**Lesson Plan (Session 2023-24 (Odd Semester))**

**(July 21, 2023 to November 24, 2023)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Introduction to Psychology**

**Class : BA Ist sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test**  |
| **July** | Introduction about Psychology Nature and Subject matter History of psychology |  |
| **August** | Survey method Experimental method TestRevision of methods. Emotions – nature  |  |
| **September** | Theories of emotions -James lange theoryTheories of emotions- cannon and Bard. Comparision between both theoriesSchetcher and Singer Theory of emotions | Test |
| **October** | Personality- Nature and determinantsType and trait ApproachPerception –Figure and ground perception, depth perception cuesLaws of organization Intelligence – nature  | Assignment |
| **November** |  What is intelligence-Theories of Intelligence Sensory processes | Test |

**Lesson Plan (Session 2023-24 (Odd Semester))**

**(July 21, 2023 to November 24, 2023)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Social Psychology**

**Class : BA3rd sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test**  |
| **July** | Introduction, about social PsychologyRelationship of social psychology with other sciences |  |
| **August** | Nature and Subject matterSocialization – concept, importance, AgentsProcess of socialization Sociometric method |  |
| **September** | Prosocial behaviour – nature and determinantsCognitive model- Steps Aggression – natureFactors affecting aggressionPrevention of aggression. revision | Test |
| **October** | Groups – types Functions Meaning of social norms, characteristicsFormation of social normsof groups | Assignment |
| **November** | Attitude- characteristics and Development TestPrejudice- nature, Development of PrejudiceStereotypesRevision | Test |

**Lesson Plan (Session 2023-24 (Even Semester))**

**(January 1, 2024 to April 30, 2024)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Experimental Psychology**

**Class : BA2nd sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test**  |
| **January** | Attention: Nature, Characteristics, and types. Learning: Definition, Factors affecting Learning |  |
| **February** | Trial and error learning, Insight learning, Classical and Operant conditioning.  | Test |
| **March** | Memory: Definition, Stages, STM and LTM – Methods to Study Memory. Forgetting: Factors leading to forgetting, Pneomonics. Psychophysics- Problems of Psychophysics and Methods (Classical). | test |
| **April** | Statistics: Frequency Distribution, Graphical presentation of data, Measures of central tendencies Problem solving: Stages of problem solving, Convergent and Divergent thinking.Revision | Assignment |

**Lesson Plan (Session 2023-24 (Even Semester))**

**(January 1, 2024 to April 30, 2024)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Developmental Psychology**

**Class : BA 4th sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test**  |
| **January** | Human Development; Concept and principles Factors in human development; Biological, Social and Cultural.  |  |
| **February** | Prenatal development, determinants and stages. Infancy: Characteristics, Hazards and adjustment. | Test |
| **March** | Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development. Adoloscents: Characteristics and problems of adoloscents and adjustment | Test |
| **April** | Adulthood: Early adulthood, late adulthood and aging-Changing patterns and problems. Measures of variability: Quartile deviation, Standard deviation.Revision | assignment |