**Lesson Plan (Session 2023-24 (Odd Semester))**

**(July 21, 2023 to November 24, 2023)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Introduction to Psychology**

**Class : BA Ist sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test** |
| **July** | Introduction about Psychology  Nature and Subject matter  History of psychology |  |
| **August** | Survey method  Experimental method Test  Revision of methods. Emotions – nature |  |
| **September** | Theories of emotions -James lange theory  Theories of emotions- cannon and Bard. Comparision between both theories  Schetcher and Singer Theory of emotions | Test |
| **October** | Personality- Nature and determinants  Type and trait Approach  Perception –Figure and ground perception, depth perception cues  Laws of organization Intelligence – nature | Assignment |
| **November** | What is intelligence-Theories of Intelligence  Sensory processes | Test |

**Lesson Plan (Session 2023-24 (Odd Semester))**

**(July 21, 2023 to November 24, 2023)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Social Psychology**

**Class : BA3rd sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test** |
| **July** | Introduction, about social Psychology  Relationship of social psychology with other sciences |  |
| **August** | Nature and Subject matter  Socialization – concept, importance, Agents  Process of socialization  Sociometric method |  |
| **September** | Prosocial behaviour – nature and determinants  Cognitive model- Steps  Aggression – nature  Factors affecting aggression  Prevention of aggression. revision | Test |
| **October** | Groups – types  Functions Meaning of social norms, characteristics  Formation of social norms  of groups | Assignment |
| **November** | Attitude- characteristics and Development Test  Prejudice- nature, Development of Prejudice  Stereotypes  Revision | Test |

**Lesson Plan (Session 2023-24 (Even Semester))**

**(January 1, 2024 to April 30, 2024)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Experimental Psychology**

**Class : BA2nd sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test** |
| **January** | Attention: Nature, Characteristics, and types. Learning: Definition, Factors affecting Learning |  |
| **February** | Trial and error learning, Insight learning, Classical and Operant conditioning. | Test |
| **March** | Memory: Definition, Stages, STM and LTM – Methods to Study Memory. Forgetting: Factors leading to forgetting, Pneomonics. Psychophysics- Problems of Psychophysics and Methods (Classical). | test |
| **April** | Statistics: Frequency Distribution, Graphical presentation of data, Measures of central tendencies Problem solving: Stages of problem solving, Convergent and Divergent thinking.  Revision | Assignment |

**Lesson Plan (Session 2023-24 (Even Semester))**

**(January 1, 2024 to April 30, 2024)**

**Name: Dr. Sapna Sachdeva Nair**

**Department: Psychology**

**Paper: Developmental Psychology**

**Class : BA 4th sem**

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| **Month** | **Topics to be covered** | **Assignment/ Test** |
| **January** | Human Development; Concept and principles Factors in human development; Biological, Social and Cultural. |  |
| **February** | Prenatal development, determinants and stages. Infancy: Characteristics, Hazards and adjustment. | Test |
| **March** | Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development. Adoloscents: Characteristics and problems of adoloscents and adjustment | Test |
| **April** | Adulthood: Early adulthood, late adulthood and aging-Changing patterns and problems. Measures of variability: Quartile deviation, Standard deviation.  Revision | assignment |